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Al and the Future of Cognitive Decision-Making in HR

Kiran Kumar Reddy Yanamala

Central Michigan University

Abstract

This study examines the impact of Artificial Intelligence (AI) on managerial cognition in the field of Human Resource Management (HRM). The research explores how AI systems enhance decision-making by reducing cognitive load, providing data-driven insights, and improving problem-solving capabilities in complex HR tasks such as recruitment, workforce planning, and performance management. A key focus of the study is on balancing AI-generated insights with human intuition, especially in areas where qualitative judgment, such as assessing cultural fit and leadership potential, remains essential. The study also highlights the cognitive adjustments HR managers must make to collaborate effectively with AI, emphasizing the development of data literacy and critical engagement with AI outputs. Additionally, the research addresses the risks of over-reliance on AI, including automation bias and the perpetuation of cognitive biases, and suggests strategies for mitigating these risks through active human oversight. Ethical considerations, including transparency, fairness, and accountability, are explored, and the study advocates for the integration of ethical frameworks into AI systems to ensure responsible and unbiased decision-making. This study contributes to the growing understanding of how AI can enhance, rather than replace, managerial cognition in HRM, fostering more efficient and ethical decision-making processes.

Keywords: Artificial Intelligence, Cognitive Decision-Making, Human Resource Management (HRM), human cognitive processes

Introduction

The integration of Artificial Intelligence (AI) into Human Resource Management (HRM) has fundamentally altered the way organizations manage workforce-related processes. AI technologies are now being applied to a wide range of HR functions, including recruitment, workforce planning, employee engagement, and performance management. These advancements promise significant improvements in efficiency and decision-making by enabling the automation of routine tasks and providing data-driven insights for strategic decisions. However, the growing use of AI in HRM introduces new challenges, particularly regarding the interaction between AI systems and managerial cognition—the mental processes managers use to analyze information, solve problems, and make decisions [1], [2].

Managerial cognition plays a critical role in HRM, especially in complex problem-solving scenarios where human intuition and expertise are required to navigate uncertainty and large datasets [3]. The introduction of AI into these processes has the potential to either augment or disrupt managerial cognition. AI systems offer opportunities to reduce cognitive load by



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automating repetitive tasks, generating predictive insights, and processing large amounts of data more efficiently than humans [4], [5]. However, AI also introduces risks, such as over-reliance on algorithmic decision-making, diminished human agency, and the introduction of cognitive biases via AI systems. These concerns raise important questions about the balance between AI-driven automation and the retention of human cognitive control in HR decision-making [6].

In the context of HRM, AI is increasingly viewed as a tool that can enhance managerial problem-solving by supplementing human judgment with advanced data analytics and real-time feedback. However, this shift toward AI-augmented decision-making presents challenges for HR managers, who must adapt to new ways of thinking and managing. The cognitive processes involved in decision-making—such as perception, information processing, and problem-solving—must evolve to accommodate AI-driven insights without compromising the quality of human judgment. Therefore, it becomes essential to explore how AI systems influence managerial cognition, especially in tasks where both intuition and data are critical for success.

This study contributes to understanding the transformative role of Artificial Intelligence (AI) in augmenting managerial cognition within Human Resource Management (HRM). It highlights how AI systems can enhance decision-making by reducing cognitive load, automating routine tasks, and providing data-driven insights that improve problem-solving in areas like recruitment, workforce planning, and performance management. A significant contribution is the exploration of how HR managers must balance AI-generated insights with human intuition, particularly in qualitative decisions involving cultural fit and leadership potential. The research also addresses the cognitive adjustments required for HR managers to effectively collaborate with AI, such as developing data literacy and critically engaging with AI outputs. Additionally, the study emphasizes the importance of mitigating risks like over-reliance on AI and the perpetuation of biases inherent in historical data. By advocating for ethical frameworks that ensure transparency, fairness, and accountability in AI systems, this research advances the understanding of AI's potential to complement, rather than replace, human judgment in HR decision-making.

Literature Review

Managerial cognition in Human Resource Management (HRM) plays a pivotal role in enhancing decision-making processes, particularly in complex, uncertain environments. Cognitive processes such as perception, information processing, and decision-making are integral to problem-solving in HRM, where managers are required to navigate large volumes of data, high complexity, and significant uncertainty. Cognition is not a linear process but involves an intricate interplay of mental models and information processing. Studies have shown that managerial cognition involves processing vast amounts of data and filtering it into actionable insights. Cognitive models, like mental schemas, enable managers to make sense of complex environments and enhance decision-making capabilities. Understanding the cognitive load and the processing power of the human brain in managerial roles has become central to decision-making studies, particularly under conditions of uncertainty and complexity [7].



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In HRM, cognitive challenges arise when managers face complex decision-making environments involving a multitude of variables, where conventional data processing models may fail to suffice. The cognitive framework helps managers cope with decision fatigue, by recognizing patterns and establishing heuristics that reduce cognitive load [8]. Additionally, cognitive models developed through neuroscience have suggested that managers' brains respond uniquely to high-pressure situations, where rapid information processing becomes necessary [9]. Cognitive decision-making underpins much of the modern approach to HR, especially in high-stress environments such as crisis management. During crises, decisions must be made with limited information and under time pressure. Emotional intelligence, coupled with cognitive decision-making, allows managers to process these difficult decisions efficiently [10]. Moreover, managerial cognition influences the effectiveness of decision-making through cognitive biases and limitations. Information overload, for example, is a common issue faced by HR managers when attempting to make decisions with large datasets. Studies have shown that increasing the cognitive accuracy of decision-making systems through the use of AI can reduce biases, improving the overall decision-making process [11].

In dealing with complexity, managerial cognition frameworks integrate insights from information processing and decision-making models that help simplify the complexity of external variables. The synthesis of decision-making theories has created tools that allow managers to manage uncertainty and complexity effectively. AI and machine learning techniques have also emerged as critical tools for enhancing cognitive capabilities in HRM. These technologies support decision-making by providing real-time insights and predictive analytics that reduce cognitive load [12]. AI augments human cognition by enabling better information processing in complex situations, helping HR managers make more informed decisions. The future of HRM decision-making lies in combining managerial cognition frameworks with advanced AI systems, which not only reduce cognitive load but also provide high-quality insights for managers to process large volumes of information effectively. This integration promises to create a more balanced decision-making environment where both human intuition and data-driven analytics play key roles [13].

AI has emerged as a transformative tool in Human Resource Management (HRM), particularly in enhancing recruitment, workforce planning, employee engagement, and performance management. The integration of AI into these processes offers numerous opportunities, such as improving data analysis and predictions, automating routine tasks, and refining decision-making. However, the adoption of AI in HRM also presents several challenges, including the potential for bias, lack of transparency, and the disruption of traditional cognitive processes in HR roles.

AI is revolutionizing recruitment by automating tasks traditionally performed by humans, such as resume screening and candidate matching. AI-powered recruitment systems, such as those discussed by Oswal et al. (2021), have been shown to streamline the recruitment process, improve accuracy, and reduce bias in candidate selection [14]. Similarly, Roy (2021) highlights the application of AI in workforce management to predict recruitment needs and improve



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scheduling accuracy [15] These tools offer organizations the ability to respond to changing demands and plan for future workforce requirements more effectively. AI also plays a significant role in employee performance management. Arora et al. (2021) explored the application of AI and HR analytics in enhancing employee performance evaluations, talent retention, and workforce productivity [16]. AI systems can analyze large volumes of employee data to provide real-time feedback, aiding HR departments in making more informed decisions about employee development and engagement strategies.

However, with these advancements come challenges, particularly concerning ethical and legal implications. Pan et al. (2021) highlight how organizations face constraints in AI adoption due to perceived complexity and regulatory challenges, which can hinder its full integration into HR processes [17] In workforce planning and performance management, AI has demonstrated its ability to process and interpret large datasets efficiently. Muralidhar et al. (2022) highlight AI's role in talent acquisition and development, showing how AI can aid in matching job candidates with roles based on predictive analytics and machine learning [18]. Similarly, Tiwari (2020) emphasized the challenges AI poses in HRM, especially the need for transparency in decision-making processes [19]. Despite these challenges, AI continues to show potential in optimizing HRM processes. Anjum et al. (2022) propose a decentralized employee performance appraisal framework utilizing blockchain and AI to ensure transparency and accuracy in performance evaluations [20]. As AI continues to evolve, its integration into HR functions will likely increase, though ethical considerations must be addressed to ensure fair and unbiased decision-making.

AI plays a transformative role in enhancing managerial problem-solving, particularly through data-driven insights, predictive analytics, and automation. Several studies have emphasized how AI systems augment human cognition by improving information processing and providing real-time feedback. AI-driven real-time feedback systems are also gaining attention as essential tools for complex problem-solving in situ, as discussed by Laat et al. (2020), who highlight the potential for AI to revolutionize workplace learning and decision-making [21]. The relationship between human intuition and AI's processing power is also critical in decision-making. Abbasi et al. (2022) explore the balance between human intuition and AI, emphasizing the role of intuition in strategic decision-making, which AI systems cannot fully replicate [22].

Al's integration into management also aids in cognitive load reduction by automating routine tasks, allowing managers to focus on non-routine problems. For instance, Hasibuan (2020) shows how AI can manage vast datasets and provide automated decision-making insights in real-time, improving overall organizational efficiency [23]. Similarly, Leyer & Schneider (2021) argue that AI augmentation in decision-making enables managers to harness AI for both automation and augmentation of their own cognitive abilities [24]. In complex decision-making environments such as logistics and finance, AI significantly contributes by automating decision-making processes and allowing human managers to focus on higher-level tasks. For example, Jarrahi (2018) emphasizes the complementary relationship between human intuition and AI's data processing power in navigating complex, uncertain organizational environments [12].



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Meanwhile, Lingam (2018) showcases AI's role in optimizing logistical decisions, improving forecasting and supply chain management [25]. AI's real-time capabilities extend to customer service, where Xu et al. (2020) find that AI significantly enhances problem-solving in low-complexity tasks, while human intervention remains superior for high-complexity decisions [26]. This balance of AI and human cognitive abilities is pivotal in ensuring effective managerial decision-making across various contexts. Lastly, the adoption of AI in cognitive computing and decision-making frameworks continues to evolve. Qu et al. (2021) discuss how AI-driven cognitive computing frameworks can enhance decision-making in Industry 4.0 networks by offering decentralized and secure processing models, enabling more efficient and reliable problem-solving [27].

The integration of Artificial Intelligence (AI) into decision-making processes presents significant challenges related to over-reliance, cognitive biases, and ethical concerns. Over-reliance on AI systems is a critical issue in AI-augmented cognition. Studies show that explanations provided by AI systems can reduce over-reliance, but this depends on the scenario and the decision-making task. Vasconcelos et al. (2022) found that when AI-generated explanations are combined with monetary rewards, over-reliance can be reduced, highlighting that the human decision-making process involves a strategic choice between engaging with AI explanations or relying on them blindly [28]. Another major challenge in AI-augmented cognition is the introduction of cognitive biases by AI systems. Biases such as confirmation bias and anchoring bias can affect human-AI collaboration, as discussed by Rastogi et al. (2020). They proposed a time-based strategy to mitigate these biases during AI-assisted decision-making, demonstrating that cognitive biases can distort human understanding in high-stakes applications [6].

Ethical concerns related to AI-driven decision-making are also prevalent. AI systems can perpetuate and even exacerbate existing biases. Ntoutsi et al. (2020) emphasized the importance of embedding ethical principles into AI system designs to address the potential for biased decision-making based on demographic features such as race and gender (Ntoutsi et al., 2020). Similarly, Tolmeijer et al. (2022) noted that AI is often trusted more than human decision-makers, even when biased decisions are evident, raising concerns about transparency and accountability in AI-driven processes [29]. The cognitive implications of over-reliance on AI, as well as the potential for diminished human agency, are crucial concerns in AI-augmented cognition. Langer et al. (2021) found that while AI is perceived as more capable, it is also less trustworthy than human decision-makers, which poses challenges in ensuring human accountability in AI-driven systems [30].

Ethical frameworks are required to manage the risks posed by AI. Gilbert and Mintz (2019) proposed a novel epistemic framework to address ethical concerns in AI by diagnosing the ethical tensions arising from human biases embedded in AI systems [31]. Moreover, there are ethical risks associated with a lack of transparency in AI decision-making processes. Aizenberg and van den Hoven (2020) stressed the importance of designing AI systems that prioritize

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human rights and ethical decision-making, noting that societal stakeholders must be involved in the design process [32].

Table 1 Key themes from the literature review into brief points

Section	Key Points	References
Managerial Cognition in HRM	- Cognitive processes (perception, information processing, decision-making) are crucial for problem-solving in HRM.	[7], [8], [9]
	- Mental models and heuristics help reduce cognitive load in complex environments.	[10], [11]
	- AI can reduce information overload and enhance cognitive accuracy.	[12], [13]
AI in HRM: Opportunities & Challenges	- AI improves recruitment, workforce planning, and employee performance management.	[14], [15], [16]
	- AI-driven automation enhances accuracy but introduces challenges like bias, lack of transparency, and complexity.	[17], [18], [19], [20]
AI in Managerial Problem-Solving	- AI enhances decision-making through predictive analytics and automation, supporting real-time insights and cognitive load reduction.	[21], [22], [23]
	- The complementary relationship between AI's data processing and human intuition improves problemsolving in complex tasks.	[24], [25], [26], [27]
Challenges of AI- Augmented Cognition	- Over-reliance on AI, cognitive biases, and ethical concerns arise in AI-driven decision-making.	[28], [6], [29], [30]
	- Ethical frameworks are necessary to address transparency, accountability, and bias in AI systems.	[31], [32]

Methodology

Theoretical Analysis

The first phase of this research involves a theoretical analysis designed to explore how AI impacts managerial cognition within the context of Human Resource Management (HRM). This phase will review and synthesize existing cognitive models and AI literature to identify the relationship between AI and decision-making, particularly in complex HRM functions such as recruitment, workforce planning, and performance management. Cognitive theories such as cognitive load theory and bounded rationality will be used to assess how AI augments human decision-making processes. Specifically, the analysis will explore how AI systems reduce cognitive load by automating routine tasks, thereby freeing managers to focus on more complex, non-routine decisions. These theories are foundational to understanding the interaction between

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AI-driven data analytics and human cognitive processes, such as information processing and problem-solving. For instance, AI's ability to quickly analyze large volumes of data provides decision-makers with predictive insights, which can supplement their judgment in making informed HR decisions. Studies of managerial cognition will be reviewed to identify areas where AI systems enhance or disrupt decision-making processes, with particular attention paid to the ethical concerns and risks of over-reliance on AI.

Furthermore, the theoretical analysis will incorporate decision-making models, such as Herbert Simon's theory of bounded rationality, to understand how AI can mitigate cognitive limitations by offering comprehensive data-driven insights. The analysis will identify areas where AI systems complement human judgment, particularly in the management of complex datasets or decisions involving high uncertainty. This will lay the foundation for further exploration of how AI enhances cognitive processes such as pattern recognition, decision accuracy, and problem-solving efficiency.

Qualitative Interviews and Surveys

To complement the theoretical analysis, the second phase of the methodology employs qualitative interviews and surveys to gather practical insights from HR professionals on how AI impacts their cognitive processes. These qualitative methods will be used to explore how AI has influenced managerial decision-making, focusing on themes such as cognitive load, decision accuracy, and human-AI interaction. The target participants for these interviews will include HR managers, directors, and decision-makers from organizations that have integrated AI systems into their HRM functions. A purposive sampling technique will be employed to select participants who have experience with AI-driven systems in tasks such as recruitment, employee performance management, and workforce planning. This approach ensures the selection of participants who can provide meaningful insights into the cognitive adjustments they have made in response to AI-generated insights. The interviews will be semi-structured to allow for flexibility in exploring various cognitive aspects. The key themes to be explored include:

- Cognitive Load: How has AI reduced or increased the cognitive load in decisionmaking processes?
- 2. AI-Driven Insights: In what ways have AI-generated insights influenced decision-making strategies?
- 3. Cognitive Adjustments: What cognitive adjustments have managers made to integrate AI insights while preserving human judgment?
- 4. Human-AI Collaboration: How do managers balance the use of AI-generated data with their own intuition in critical decisions?

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The interviews will be recorded, transcribed, and coded using thematic analysis to identify recurring patterns in AI's impact on managerial cognition. In addition to interviews, surveys will be distributed to a broader sample of HR professionals to collect both qualitative and quantitative data. The survey will include Likert-scale questions to quantify perceptions of AI's influence on decision-making and cognitive processes, along with open-ended questions to gather detailed responses. The survey aims to capture the following:

- Perceptions of AI's impact on decision-making accuracy.
- The degree to which AI reduces cognitive load.
- Concerns about over-reliance on AI and potential cognitive biases.
- Feedback on how managers integrate AI recommendations into their decision processes.

Table 2 Sample Survey Questionnaire to Assess AI's Impact on Managerial Cognition in HR Decision-Making

Question	Strongly Disagree	Disagree (2)	Neutral (3)	Agree (4)	Strongly Agree (5)
AI has significantly reduced my					
cognitive load in HR decision-making.					
AI-generated insights have improved					
the accuracy of my HR-related					
decisions.					
I find it challenging to balance AI					
recommendations with my own judgment.					
I rely on AI systems for routine					
tasks, allowing me to focus on more					
complex decision-making.					
AI-driven systems help me to make					
faster decisions with greater					
confidence.					

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I have concerns about the ethical implications of AI-driven decision-making in HR.

Open-Ended Question:

Please describe a situation in which AI improved or complicated your decision-making process.

The combination of interviews and surveys will provide comprehensive insights into how AI affects HR managers' cognition, allowing for the identification of trends in cognitive adjustment, the reduction of cognitive load, and the balance between human intuition and AI-driven insights.

Al-Augmented Managerial Cognition in HRM

AI as a Cognitive Tool for Managers

AI has fundamentally transformed the role of Human Resource Management (HRM) by serving as a cognitive tool that significantly reduces the cognitive load on HR managers. Cognitive load refers to the mental effort required to process information and make decisions. By automating routine tasks and offering real-time, data-driven insights, AI enables managers to focus on strategic decision-making processes rather than administrative burdens. This cognitive offloading allows managers to direct their mental energy towards more complex, higher-order tasks.

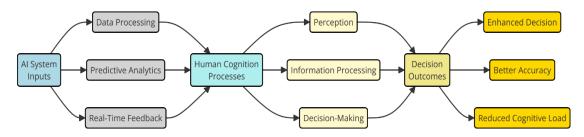


Figure 1 The Role of AI in Augmenting Human Cognition in HRM

For instance, AI is increasingly employed in automating repetitive tasks such as resume screening, scheduling interviews, employee onboarding, and basic HR inquiries. These tasks, which typically consume substantial amounts of time and cognitive resources, can be handled efficiently by AI, thereby freeing HR managers to engage in problem-solving and strategic planning. In recruitment, AI systems can quickly scan hundreds of resumes, rank candidates based on specific qualifications, and present managers with the best potential hires. This speeds



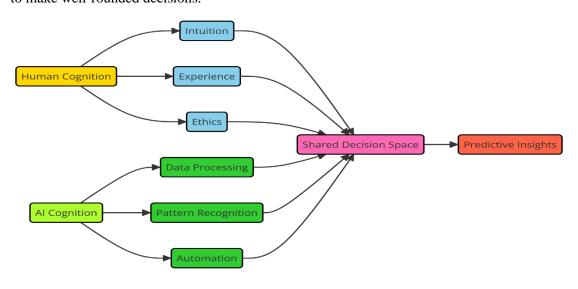
up the recruitment process and ensures that decision-makers are not bogged down by the need to sift through large volumes of data manually.

Additionally, AI acts as a cognitive support system by providing real-time analytics and predictive insights that improve decision accuracy. In workforce planning, for example, AI systems can analyze historical data on employee turnover, market trends, and current workforce needs to predict future staffing requirements. This predictive capability allows managers to make informed decisions regarding hiring, talent development, and resource allocation. By presenting relevant data in an easily digestible format, AI enhances the manager's ability to solve problems and make decisions that align with organizational goals.

Furthermore, AI's ability to deliver real-time analysis plays a critical role in performance management and employee engagement. AI systems can track employee performance metrics continuously, offering immediate feedback on key performance indicators (KPIs). This constant flow of information allows HR managers to address performance issues proactively, rather than waiting for periodic reviews. Such insights contribute to better decision-making in areas like promotions, raises, and professional development, ultimately improving organizational outcomes.

Cognitive Adjustments in AI-Driven Decision-Making

While AI offers substantial benefits by augmenting human cognition, its integration into decision-making processes requires significant cognitive adjustments on the part of HR managers. One of the most critical shifts is the development of data literacy—managers must now interpret AI-generated insights and integrate them into their decision-making frameworks. This adjustment requires an understanding of how AI processes information, the limitations of AI systems, and the potential biases that could influence AI outputs. Managers must move beyond simply accepting AI recommendations and instead critically engage with these insights to make well-rounded decisions.



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Figure 2 The Interaction Between Human and AI Cognition in Shared Decision-Making

The cognitive challenge lies in balancing AI recommendations with human intuition and judgment. AI is adept at processing vast amounts of data and identifying patterns that may not be immediately apparent to human decision-makers. However, AI lacks the ability to fully comprehend the qualitative aspects of decision-making, such as understanding organizational culture, assessing the interpersonal dynamics of teams, or gauging an individual's leadership potential. HR managers must combine their intuitive understanding of these qualitative factors with AI's quantitative insights to make balanced decisions.

Over-reliance on AI can introduce risks, such as automation bias, where managers place undue trust in AI recommendations without critically evaluating them. For example, an AI system might prioritize candidates for a job based solely on their qualifications, overlooking soft skills or cultural fit that are better assessed by human intuition. To avoid such biases, HR managers must remain engaged with the decision-making process, ensuring that AI serves as a support tool rather than as a final arbiter. By maintaining a balance between AI-generated data and human intuition, managers can leverage AI to enhance, rather than replace, their decision-making capabilities.

Another cognitive adjustment required is recognizing and mitigating the biases that may be embedded in AI systems. AI systems are often trained on historical data, which may carry forward biases related to gender, race, or socioeconomic status. If left unchecked, these biases can perpetuate inequality in recruitment, performance evaluations, and promotions. HR managers must develop the cognitive vigilance necessary to identify these biases and implement corrective measures, such as auditing AI systems regularly and training AI models on more diverse datasets. This requires not only technical knowledge of AI systems but also a deep understanding of ethical considerations in AI-driven decision-making.

Impact on Problem-Solving in HRM

AI's integration into HRM has profoundly impacted the way managers approach problem-solving, particularly in complex and data-intensive environments. One of the most significant advantages of AI is its ability to handle large datasets and provide insights that facilitate more informed decision-making. In HR functions that involve high levels of uncertainty, such as workforce planning and recruitment, AI has proven to be an invaluable tool in optimizing decisions through predictive analytics.

In workforce planning, for example, AI systems can analyze various factors such as employee turnover rates, market trends, and internal talent mobility to predict future staffing needs. By identifying potential talent gaps or surpluses in advance, HR managers can take proactive steps, such as launching recruitment drives or implementing employee retention programs, to align workforce needs with organizational objectives. This predictive capability enhances problem-

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solving by allowing managers to anticipate challenges rather than react to them, thus improving organizational efficiency and effectiveness.

In recruitment, AI-powered tools can significantly reduce the time and effort required to find the best candidates for a role. Traditional recruitment processes often involve sifting through a large volume of resumes, leading to potential oversight of qualified candidates. AI systems streamline this process by quickly identifying and ranking candidates based on predefined criteria, such as education, skills, and experience. This enables HR managers to focus their cognitive resources on assessing the more nuanced aspects of candidate suitability, such as cultural fit and potential for long-term growth within the company.

Moreover, AI enhances problem-solving in employee engagement by providing real-time insights into workforce morale. AI tools equipped with natural language processing (NLP) can analyze employee feedback from surveys, emails, and social media to detect sentiment trends. If AI identifies a pattern of declining morale in a particular department, HR managers can intervene with targeted engagement initiatives. These insights allow HR professionals to address issues before they escalate into larger problems, such as high turnover or reduced productivity.

The role of AI in performance management further exemplifies its problem-solving capabilities. AI systems can continuously monitor employee performance across various metrics, providing objective, data-driven assessments. This reduces the potential for bias in performance evaluations and helps HR managers make more informed decisions regarding promotions, raises, and professional development. AI's ability to deliver continuous feedback also enhances problem-solving by enabling managers to address performance issues in real-time, rather than waiting for formal review periods.

Discussion

The findings from this study underscore the significant role that Artificial Intelligence (AI) plays in transforming Human Resource Management (HRM), particularly in enhancing managerial cognition and decision-making. AI systems have the potential to augment human capabilities by automating routine tasks, reducing cognitive load, and providing data-driven insights that enable HR managers to focus on more complex, strategic decisions. However, alongside these benefits, AI also introduces challenges related to human-AI collaboration, cognitive biases, and ethical concerns, all of which require careful consideration by HR professionals.

AI's Contribution to Managerial Cognition

The integration of AI into HR processes clearly enhances managerial cognition by automating mundane tasks, such as resume screening, scheduling, and performance monitoring, thereby freeing up cognitive resources for higher-level tasks. AI systems can process large volumes of data more efficiently than humans, providing managers with real-time insights and predictive analytics. These capabilities enable managers to make quicker, more informed decisions, particularly in areas like recruitment, workforce planning, and performance management.

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However, the augmentation of human cognition through AI requires managers to develop new cognitive skills, such as data literacy. As AI systems generate increasingly sophisticated insights, HR managers must learn to interpret this data correctly and integrate it into their decision-making frameworks. This cognitive adjustment is crucial to prevent over-reliance on AI-generated recommendations and ensure that human judgment remains central in decision-making processes.

Balancing AI Insights and Human Judgment

One of the key challenges highlighted in this study is the balance between AI-driven insights and human intuition. While AI excels in quantitative tasks like data analysis, its limitations in qualitative judgment are apparent, especially when assessing subjective factors such as cultural fit, leadership potential, and team dynamics. Human intuition remains critical in such situations, as AI cannot fully replicate the nuanced understanding of organizational culture and interpersonal relationships that managers bring to the table.

This balance is particularly important in decision-making processes that involve high uncertainty or complexity, such as crisis management or strategic planning. In these scenarios, AI's data-driven insights must be combined with human intuition to arrive at well-rounded decisions. Managers, therefore, need to critically engage with AI outputs, rather than accepting them at face value, to ensure that the final decision is informed by both data and human expertise.

Cognitive Biases and Over-Reliance on AI

While AI offers significant cognitive support, there are risks associated with over-reliance on AI systems. Automation bias, where humans place undue trust in AI-generated recommendations without sufficient critical evaluation, can lead to suboptimal decisions. For example, an AI system might prioritize candidates based on their qualifications while overlooking critical soft skills or cultural fit, areas where human judgment is essential. Moreover, AI systems are not immune to cognitive biases. They can inherit biases from the historical data on which they are trained, perpetuating issues related to gender, race, or socioeconomic background in recruitment, performance evaluation, and promotion decisions. This finding aligns with previous research, which highlights that AI can exacerbate biases if not carefully managed. HR managers must, therefore, remain vigilant in monitoring AI systems for bias and ensure that AI models are trained on diverse datasets to mitigate these risks. The role of human oversight is crucial in preventing over-reliance on AI. HR managers need to exercise their judgment in evaluating AI-generated insights, particularly in high-stakes decisions that require ethical considerations or involve subjective assessments. In doing so, they can ensure that AI serves as a support tool rather than a replacement for human decision-making.

Ethical and Transparency Concerns in AI-Driven Decision-Making

Ethical concerns related to bias, transparency, and accountability are central to AI's integration into HR decision-making. The opacity of some AI algorithms, often referred to as "black box"



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systems, makes it difficult for HR managers to understand how decisions are being made. This lack of transparency can erode trust in AI-driven processes, particularly when biased or unfair decisions arise. To address these concerns, ethical frameworks must be embedded into AI systems to ensure that they align with human values and organizational standards. Transparency is a critical component of this framework. AI systems should provide clear explanations of how decisions are made, allowing managers to scrutinize and challenge AI outputs when necessary. Additionally, accountability mechanisms must be in place to ensure that HR managers retain ultimate responsibility for decisions made with the assistance of AI.

The findings from this study also suggest that trust in AI systems is a nuanced issue. While AI is often seen as more capable of handling large datasets and providing data-driven insights, human decision-makers are perceived as more trustworthy, particularly in high-stakes situations where fairness and ethical considerations are paramount. This highlights the importance of maintaining human oversight in AI-assisted decision-making processes to ensure that ethical standards are upheld and human values are respected.

Implications for HR Management:

The integration of AI into HRM presents both opportunities and challenges. On the one hand, AI can significantly enhance decision-making processes by providing data-driven insights and reducing cognitive load. On the other hand, it introduces new cognitive demands on HR managers, who must learn to interpret AI outputs, manage potential biases, and balance AI recommendations with their own judgment.

Moreover, AI's increasing role in HR decision-making raises important ethical considerations. Organizations must ensure that AI systems are transparent, accountable, and free from bias. Ethical frameworks, continuous monitoring, and diversity in AI training data are critical in addressing these concerns. Finally, while AI can augment human cognition, it cannot replace human judgment, particularly in tasks that require a nuanced understanding of organizational culture, interpersonal dynamics, and ethical considerations. HR managers must remain actively engaged in decision-making processes, ensuring that AI is used as a tool to support, rather than replace, human expertise.

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